



One dedicating himself to God the creator, he can always lead one to the right path and makes one not to get involved in acts that ruin their lives, a case in point drug abusing therefore young people are encouraged to always fear God so that he directs their ways of living.

**HALIMA NATASHA
17 YEARS**

Somero
Education for Young
People in Uganda



Being involved in work is one of the ways to avoid the acts of Substance abuse because the mind is always focused therefore young people are advised to get involved in any work related activities and this will make them live drug free.

**NASSUNA DAMALI
20 YEARS**

Somero
Education for Young
People in Uganda



Water is life, and it's a basic need to every human likewise a free drug person is always full of life and can attract many around because is one an inspiration to others.

**NALUGGA ASHA
18 YEARS**

Somero
Education for Young
People in Uganda



In this bed I rest at ease, because I am filled with peace and joy. I have no worries. I have a clean mind and body. I fear no one. I live among people who love me and whom I love. I have positive thoughts, I dream nicely. I am in harmony with my conscience. My life is so peaceful and calm because I am not drowned into drug abuse...

**SORAYA BAVURHE,
19 years**



Here, I feel insecure, I feel vulnerable. I fear everything and everyone. I find no way of resting peacefully. I live in constant fear. I deal with dangerous people. Any of them can come for me if anything ever goes wrong. I'm a criminal, I walk against the law and so I fear the police. My life is in constant danger. I need to watch my every move and always be ready to fight. Drug abuse destroys my life, it slowly kills me and the worst is that I can't seem to find a way out...

**SORAYA BAVURHE,
19 years**



Just as the plants which grow on a fully fertile land are expected to give out good results ,the same applies to youths with in the community who are informed about the dangers of drug abuse and make good decisions give out good results within their communities and their lives seems better and free unlike those who act as plants grown on rocky grounds therefore it represents the youth who don't care about the seeds of sensitization about drug abuse and its dangers thus putting their lives at risky of health problems and in descent social behaviors.

NAMUGENYI BEATRICE
20 years



Many drug abusers do their business of drug trafficking in such hidden places which cannot be accessed by the city authorities . They hide themselves in such areas when inhaling, smoking, and sometimes injecting drugs into their bodies, also they hide drugs through planting them into some plantations like banana plants and this has led to increasing cases concerning drug abuse in slum areas.

Therefore lets join hands together and fight drug abuse for the good of the young generation.

NABUUMA ZAINA
19 years

Somero
Education for Young
People in Uganda



Rubbish and any contaminated water has always affected the natural flow water and this has made water to be contaminated and most cases it makes the water stagnant and thus polluting the environment and this makes the health of people to suffer, likewise the act of drug abuse makes one's health affected, by this it affects the brain, liver, lungs and more other important organs in the body. This has made many loose their lives.

**NAKAYIMA MAGGIE
18 YEARS**



It is true however, to think that a smile on one's face is the sign of peace and joy, unfortunately in our case here these children are used to an environment with poor sanitation, poor parenting, a community where parents don't care about the education ,The danger for the community and the country is that sooner or later those children might or even have already been initiated to alcohol and drug abuse and other social misbehaviors h . Therefore a smile in a slum area is not a real smile.

AZONYE CLAUDINE
28 years

Somero
Education for Young
People in Uganda



Drug abuse is a complex habit, easy to start, but quitting takes more than good intentions or a strong will. In fact, because drugs change the brain in ways that foster compulsive drug abuse, quitting is difficult, even for those who are ready to do so. DON'T START!

**ANGEL TUSHEMELIRWE
19 YEARS**

Somero
Education for Young
People in Uganda



Drug abuse affects vision, perception and decision-making. This has led to young girls getting pregnant without their consent, but under the influence of drugs and such pregnancies usually end up in abortion or becoming young mothers.

MUGALANZI GILBERT
23 years



**However weak the bridge is, people will always use it to cross over to their destinations. Small and young organizations have a great impact on behavioral change of young people. All they need is more support.
SEEK YOUTH FRIENDLY SERVICES!**



Children in slum areas are vulnerable to sexual and domestic violence due to drug abuse, hence they grow up with little hope in life. This inspired Somero Uganda to mainly focus on raising standards of living for girls, but not forgetting the boys.



As the saying goes: “There’s no smoke without the fire”, young people should know that drug addicts once started with little drugs day by day and now cannot live without drugs.

**NAMAZZI CHRISTINE
20 YEARS**

Somero
Education for Young
People in Uganda



It's seems to be harder and harder not to get involved with drugs. Drug abuse is very in common and can be seen and used everywhere.

I think everybody knows somebody who is exploit to drugs. This makes it hard for the youth not to become involved. It has become such a big part in young peoples' lives that they even want to express it on the walls.

BE STRONG AND WATCH YOURSELVES.

**SASHA AND DAUPHINE
EYE 4 AFRICA**

Somero
Education for Young
People in Uganda



There are many kinds of activities which are against the state laws, among these we have drug abuse which is freely practiced within the community just as this little girl walks freely in a risky area without fear ,the same applies to drug dealers who freely do their work without fear of the law and this has increases its rate thus influencing and affecting young people.

**CATHY NAMUKWAYA
17 YEARS**



My home is on the street of the city, I fear staying home and I fear leaving home because my home and street are no better places to stay , my parents are drug dealers, I don't have a choice to make because I don't want to be like them but the situation is forcing to be.

[“ Parents are supposed to be an example to their children, if this child is more conscience than his parents where is the world going”]

**SARAH BAVURHE
19 years**

Somero
Education for Young
People in Uganda